



# EPWORTH

*Children & Family Services*

OUR MISSION: Epworth helps children, youth and families move toward self-sufficiency by focusing on health, housing, employment and education.

## Family Support Network

**Family Support Network** strengthens at-risk families in order to prevent child abuse and neglect. FSN offers free, weekly in-home family therapy services that provide:

- Parenting skill-building and support
- Enhanced family communication
- Help with difficult child behaviors
- Positive discipline techniques
- Stress and anger management skill-building
- Help with connecting to area resources

Families receive an average of 9 months of counseling from a Master’s level therapist at no cost.

*To be eligible for services, a family must live in St. Louis City, St. Louis County or St. Charles County, have a child ages birth through 13, and not have an open substantiated case with the Missouri Children’s Division.*

For more information or to make a referral  
call 314.918.3301 or email [fsn@epworth.org](mailto:fsn@epworth.org)

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